

Trinity College Dublin



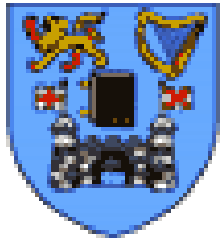
The MAMMI Study

The prevalence of sexual health problems in primiparous women 3 months postpartum

Deirdre O'Malley

PhD Student



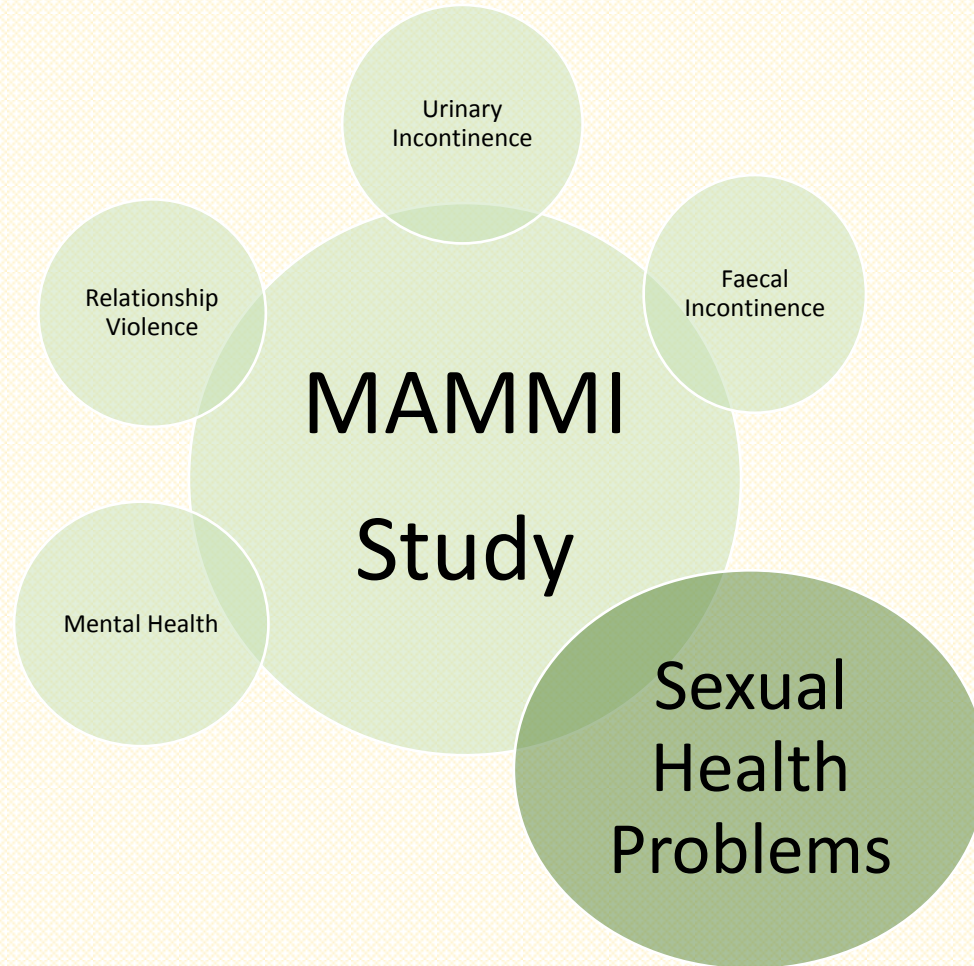


Trinity College Dublin

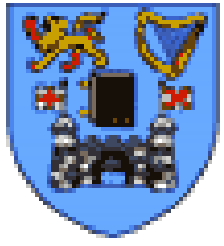


The MAMMI Study

Context



Maternal health **And** Maternal **M**orbidity in Ireland



Trinity College Dublin

Background

46% & 26% vaginal dryness 3 & 6 months
(Barrett *et al.* 2000)

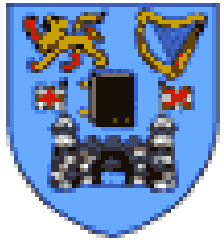
16% dyspareunia 12 months
(Bertozzi *et al.* 2010)

50% (n=263/482) 1 index of SHPs 12 months
(Williams *et al.* 2007)

Women's thoughts and experience of changes to sexual
relationships & intimacy after birth
(Olsson *et al.* 2005, Woolhouse *et al.* 2012)



The MAMMI Study



Trinity College Dublin

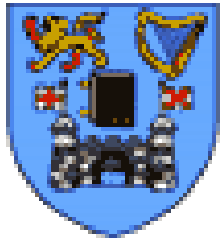
Aim

To present the preliminary survey findings of postnatal self-reported sexual health problems of women participating in Survey 2 of the MAMMI study – 3 months postpartum



The MAMMI Study

Survey 2	
Posted	700
Returned	484
Response rate	69%
Preliminary analysis	367



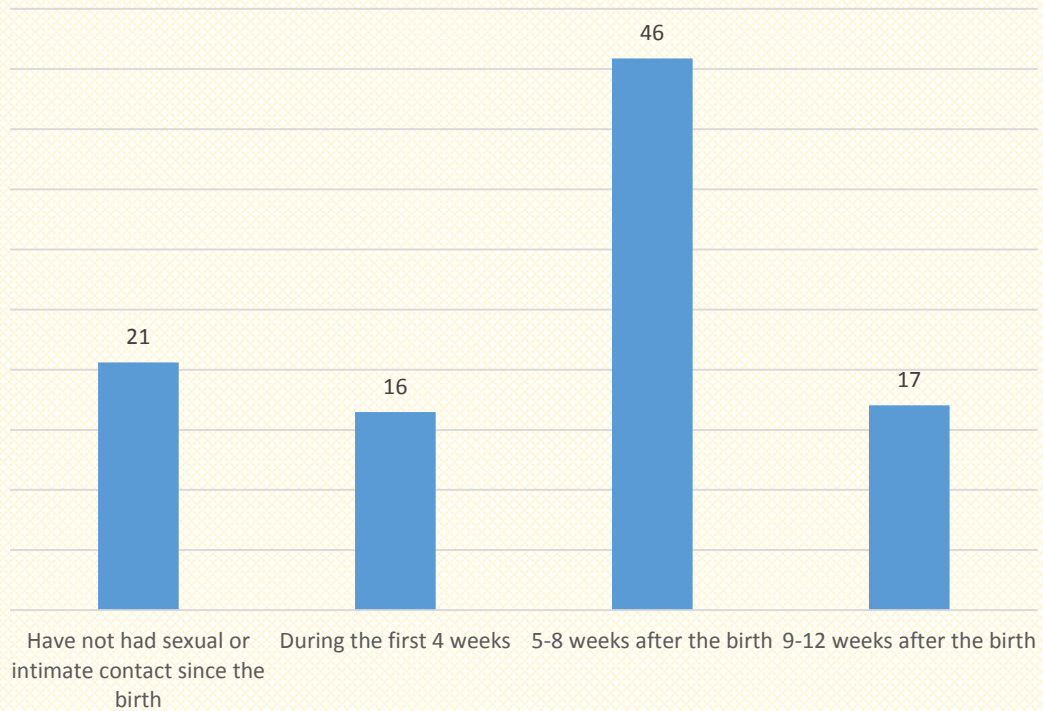
Trinity College Dublin

Resumption of sexual or intimate contact and vaginal intercourse

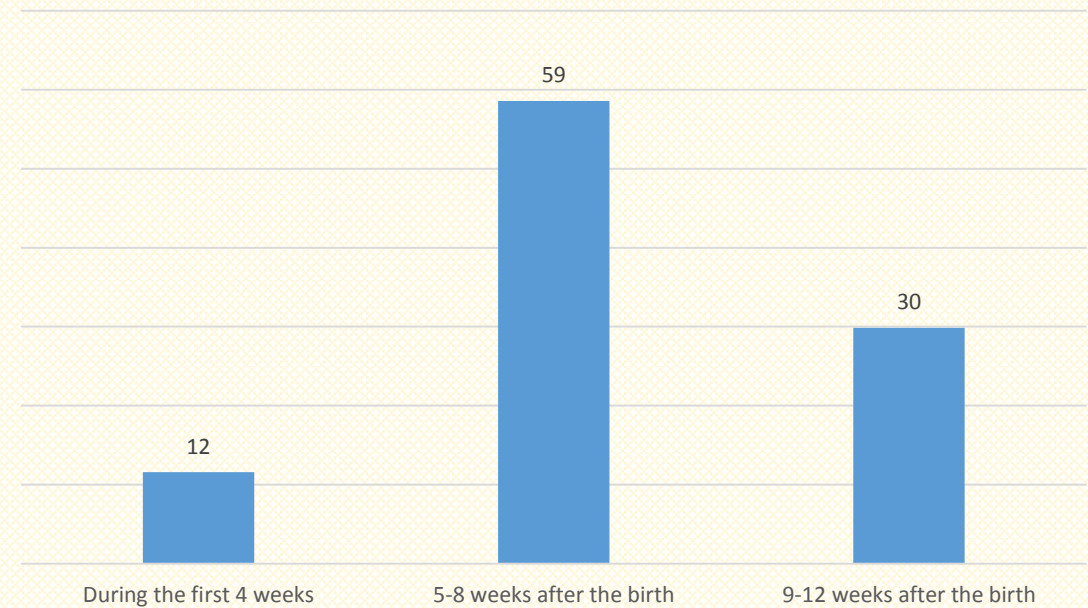


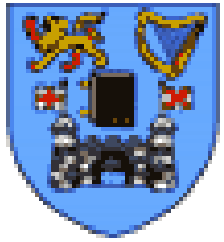
The MAMMI Study

Resumption of sexual or intimate contact



Resumption of vaginal intercourse





Trinity College Dublin

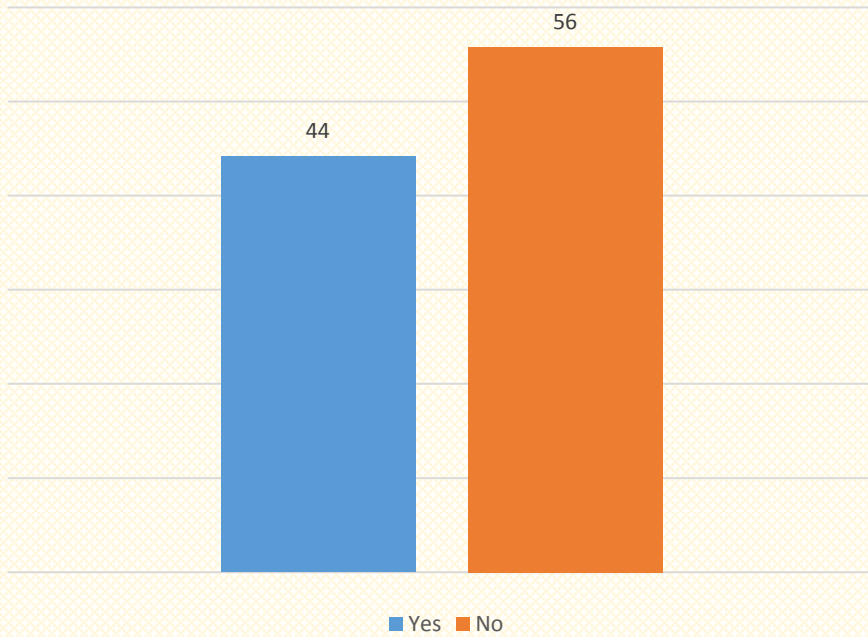
Pain during vaginal intercourse

31% of women experience pain or tenderness during intercourse

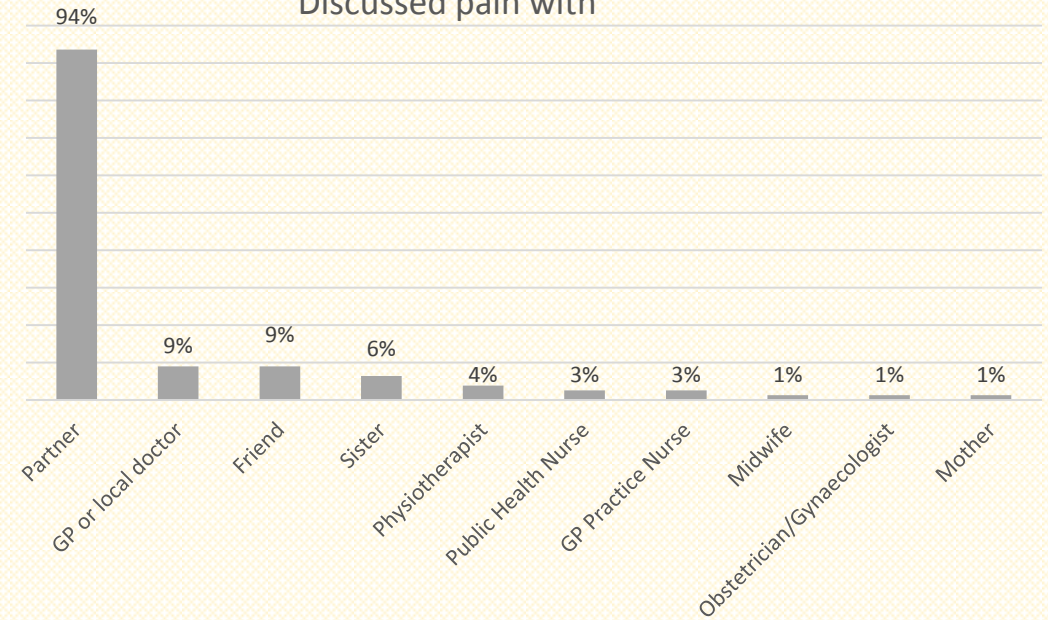


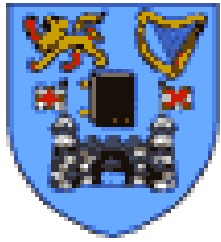
The MAMMI Study

Discussed this with anyone



Discussed pain with





Trinity College Dublin

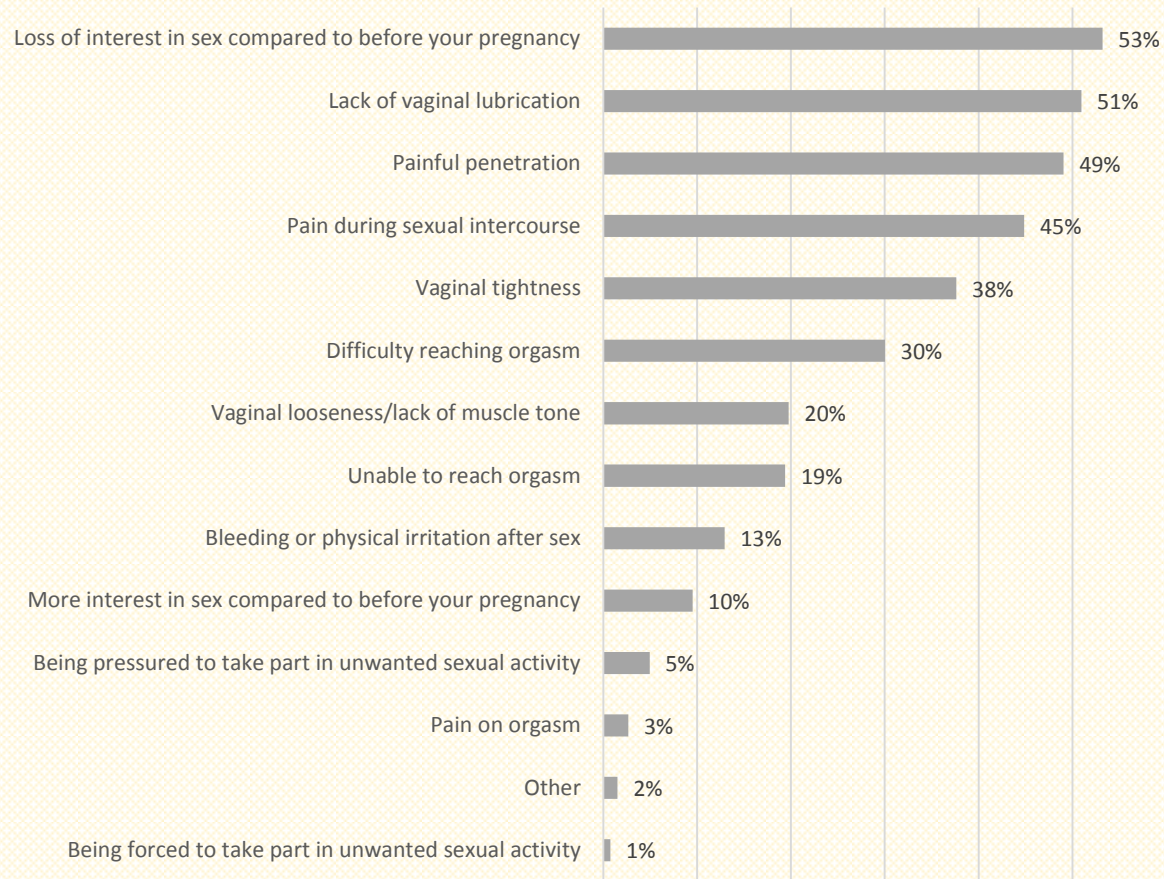
Other sexual health problems (SHPs)

72% of women experience other types of SHPs

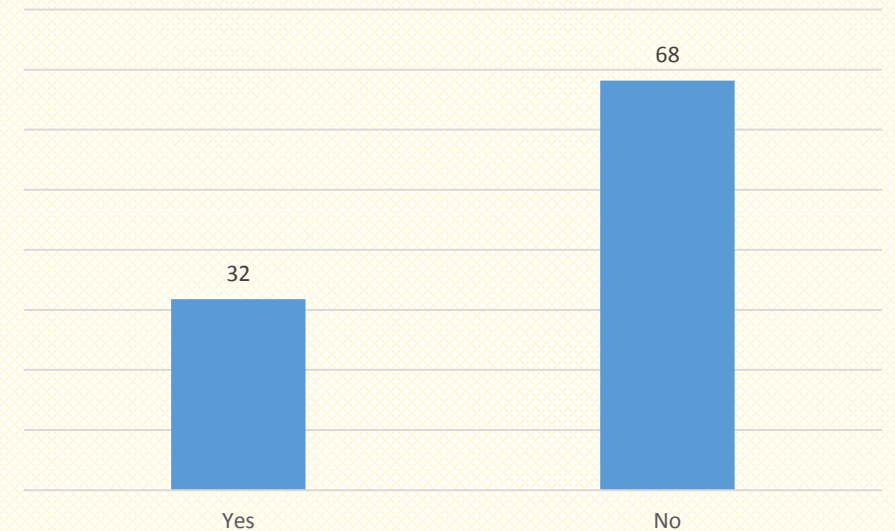


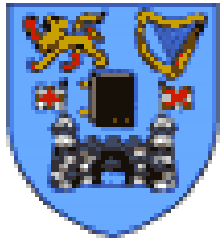
The MAMMI Study

Other SHPs experienced



Discussed other SHPs





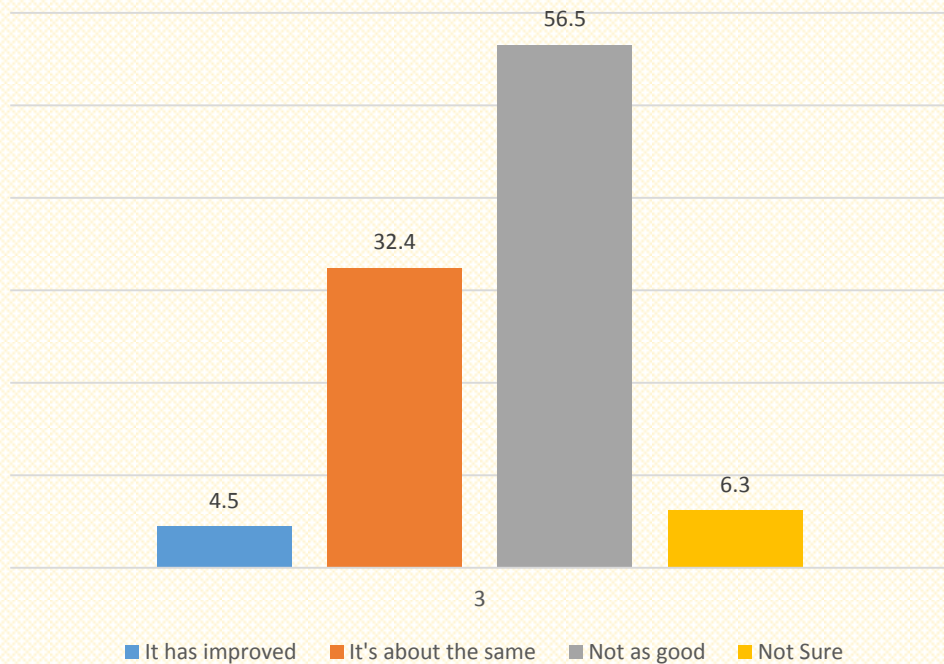
Trinity College Dublin

Satisfaction with sexual life and relationship

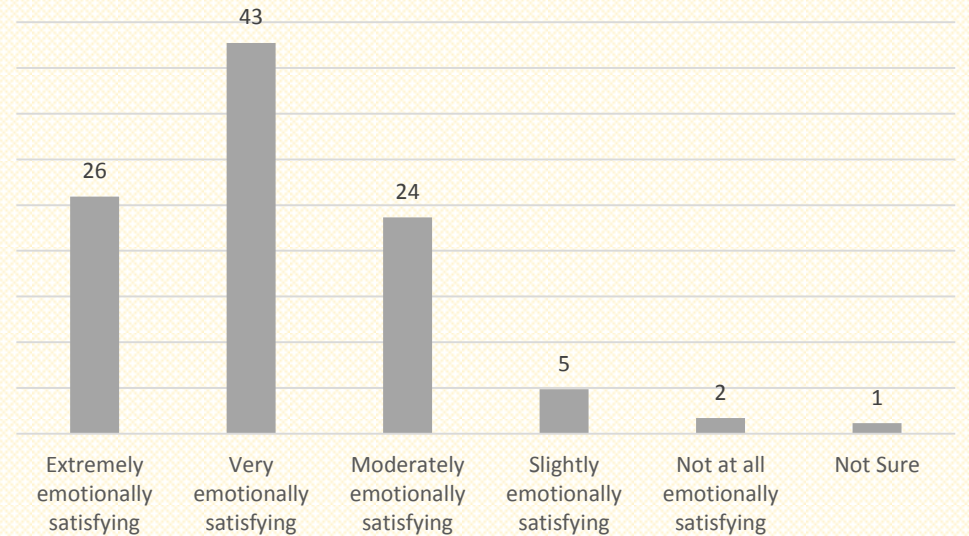


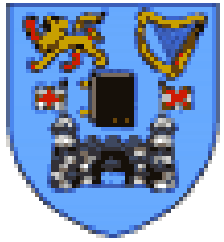
The MAMMI Study

Overall sex life since the birth



How emotionally satisfying have you found your relationship with your partner since the birth





Trinity College Dublin

Classifications of sexual health problems

Masters and Johnson
(1966)

Kaplin (1974)

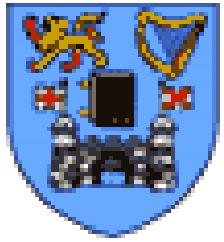
International
Classification of
Disease 10th Edition
(2010)

Diagnostic and
Statistical Manual of
Mental Disorders,
5th Edition (2013)

The 'New View'
Tiefer (2001)



The MAMMI Study



Trinity College Dublin

Acknowledgements

A sincere thanks to the women, midwives, midwifery students and colleagues supporting the study

My supervisors – Professor Agnes Higgins, Dr Valerie Smith and Professor Cecily Begley

My colleagues – Deirdre Daly, Margaret Carroll, Francesca Wuytack and Hannah Dardis

Professor Stephanie Brown, Murdoch Children's Research Institute, Australia for granting permission to use and modify surveys

The Health Research Board for funding the MAMMI Study – Sexual Health Strand



The MAMMI Study

