



# The MAMMI Study



Trinity College Dublin

## Newsletter Issue 1, January 2012 – for practitioners

The MAMMI pilot study is now complete and the MAMMI Study (proper) was launched in January 2012.

A sincere thank you to everyone who have helped us so far either by completing the content validity index of surveys 1 & 2, by amending documentation to facilitate data collection, by recruiting, or helping us recruit, women to the study. We appreciate your ongoing help and support in promoting the study amongst eligible women and practitioners.

### Progress so far

#### Content validity index

Nineteen practitioners (Midwives, Nurses, Physiotherapists, Obstetrician, Psychiatrist and Epidemiologist) were asked to review and score the relevance of the content of surveys 1 and 2.

Eighteen (18) practitioners returned the reviews and scores and we are delighted to say there was remarkable consistency amongst all practitioners. Where one or a minority of practitioners made suggestions, the merits and demerits of incorporating new questions vis-a-vis the scope and scale of the current surveys were assessed.

We want to say a sincere thank you to all as it involved considerable time and effort on your part. You can view the amended surveys at [www.mammi.ie](http://www.mammi.ie) when the website goes live at the end of January 2012.

#### The pilot study

Thirty one women (31) agreed to take part in the pilot study (the antenatal survey) on selected dates in November and December 2012.

So far, over half the women, 61% (19) have responded (and 50% responded without a reminder letter).

Another 23 women agreed to complete the test-retest for the antenatal survey so that we can assess the reliability of the questions. So far, 13 women (57%) have returned both surveys and responses are still being received.

We will issue updates when we have the findings analysed.

### What women said about the postnatal surveys

We asked postnatal women to tell us what they thought of the questions and study documents (information booklet and consent form), and if they thought postnatal women would answer the questions.

Nine women (recruited via the postnatal physiotherapy clinic and AIMS Ireland) completed one of the surveys (surveys 2, 3 and 4) and we are delighted to say that we received no negative comments on the questions or content of the surveys.

Indeed, whilst some women said the survey took them a while to complete and that they accomplished it in stages, several women said that they welcomed the opportunity to complete the survey, wished us well with the study and hoped that the information obtained would help new mothers in the future.

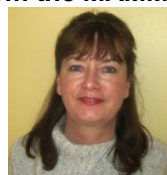
Thanks to all practitioners for their enthusiasm so far. This progress would not be possible without your help.

### Thank you from the MAMMI study team



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