



The MAMMI Study



Trinity College Dublin

Newsletter Issue 1, January 2012 - for women

Sincere thanks to all of you who took part in the MAMMI study so far. **MAMMI** stands for **M**aternal health **A**nd **M**aternal **M**orbidity in **I**reland and it is a study to look into the health and health problems of first-time mothers during pregnancy and during the year after the birth.

The first part of the MAMMI Study was to make sure that the surveys and documents were appropriate and that the way we were recruiting women and handing out the antenatal survey worked well.

Progress so far

The pilot study

Thirty one women (31) agreed to take part in the pilot study (the antenatal survey) on selected dates in November and December 2012.

So far, over half the women, 61% (19) have returned completed surveys. Half of the women sent back the survey without us sending a reminder letter.

Another 23 women agreed to complete the antenatal survey twice (test re test) so that we can see if the questions are reliable. So far, 13 women (57%) have returned both surveys and responses are still being received.

What practitioners said about the surveys

Before piloting the surveys (1 & 2), 19 health practitioners (including Midwives, Nurses, Physiotherapists, Obstetrician, Psychiatrist and Epidemiologist) were asked to review and score the relevance of the content of surveys 1 and 2.

We want to say a sincere thank you to all. Eighteen (18) practitioners returned the reviews and scores. Your comments were invaluable and helped us improve parts of the surveys, thank you.

What women said about the postnatal surveys

Nine women who had recently given birth were asked to complete one of the postnatal surveys (surveys 2-5) and tell us what they thought of the questions and study documents, and if they thought women would answer the questions. We are delighted to say that we received no negative comments on the questions or content of the surveys. Indeed, whilst some women said the survey took them a while to complete, several women said that they welcomed the opportunity to fill it out, wished us well and hoped that the information would help new mothers in the future.

Thanks to the midwives in the Rotunda Hospital for their enthusiasm and for recruiting the women. Thanks to AIMS Ireland (Association for the Improvement of the Maternity Services) and the physiotherapists at the Rotunda Hospital for helping us access women who had recently given birth.

This progress would not be possible without your help.

Thank you from the MAMMI study team



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